**Bendixen Dans**

# Dance programme

11 Nov 2026

## Registration

Registration opens soon.

## Holidays

* During the autumn course period, there are no classes during the school autumn holiday (week 42). The autumn courses finish with a Christmas celebration on 6 December 2026, while regular classes continue until the Christmas break, which starts on 22 December 2026.

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# DANCESPORT

11 Nov 2026

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## Competition class: Juniors / Youth / Adults (Standard only)

Tuesday · 18:10–19:40 · Studio 1

Regular dancesport classes 2026–2027 · 17 Aug 2026 – 18 Jun 2027

No classes during 10 October 2026 – 18 October 2026, 22 December 2026 – 6 January 2027, 13 February 2027 – 21 February 2027 and 23 March 2027 – 29 March 2027.

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## Sports class: Juniors / Youth / Adults (Latin only)

Thursday · 18:10–19:40 · Studio 1

Regular dancesport classes 2026–2027 · 17 Aug 2026 – 18 Jun 2027

No classes during 10 October 2026 – 18 October 2026, 22 December 2026 – 6 January 2027, 13 February 2027 – 21 February 2027, 23 March 2027 – 29 March 2027 and 6 May 2027 – 9 May 2027.

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## Senior Elite Standard Competition dancers

Wednesday · 20:15–21:45 · Studio 1

Regular dancesport classes 2026–2027 · 17 Aug 2026 – 18 Jun 2027

No classes during 10 October 2026 – 18 October 2026, 22 December 2026 – 6 January 2027, 13 February 2027 – 21 February 2027 and 23 March 2027 – 29 March 2027.

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## Physical training for competitive dancers in both Standard and Latin

Tuesday · 19:40–20:40 · Studio 1

Thursday · 19:40–20:40 · Studio 1

Regular dancesport classes 2026–2027 · 17 Aug 2026 – 18 Jun 2027

No classes during 10 October 2026 – 18 October 2026, 22 December 2026 – 6 January 2027, 13 February 2027 – 21 February 2027, 23 March 2027 – 29 March 2027 and 6 May 2027 – 9 May 2027.

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# UKRAINIAN CLASSES

11 Nov 2026

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## Ukrainian children aged 4–8 (beginners)

Tuesday · 16:00–17:00 · Studio 2

Thursday · 16:00–17:00 · Studio 1

Saturday · 13:30–14:30 · Studio 2

Ukrainian children’s classes 2026–2027 · 10 Aug 2026 – 30 Jun 2027

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## Ukrainian children aged 8–14 (sports class)

Tuesday · 17:00–18:00 · Studio 2

Thursday · 17:00–18:00 · Studio 1

Saturday · 14:30–15:30 · Studio 2

Ukrainian children’s classes 2026–2027 · 10 Aug 2026 – 30 Jun 2027

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## Ukrainian adult class: recreational dancers

Monday · 18:00–18:50 · Studio 2

Saturday · 15:30–16:20 · Studio 2

Ukrainian classes 2026–2027 · 3 Aug 2026 – 30 Jun 2027

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# DANCING WITH THE STARS FOR KIDS

11 Nov 2026

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## Children aged 3–6 (intermediate) and 7–10 (beginners/intermediate)

Wednesday · 16:30–17:20 · Studio 2

Autumn course 2026 · 24 Aug 2026 – 6 Dec 2026

No classes on 14 October 2026.

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## Children aged 8–12: Solo Latin and Standard

Monday · 19:00–20:00 · Studio 2

Autumn course 2026 · 24 Aug 2026 – 6 Dec 2026

No classes on 12 October 2026.

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# DANCING WITH THE STARS FOR ADULTS

11 Nov 2026

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## Standard and Latin for couples: improvers and intermediate

Wednesday · 17:30–18:20 · Studio 2

Autumn course 2026 · 19 Aug 2026 – 6 Dec 2026

No classes on 14 October 2026.

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## Standard and Latin for couples: intermediate and experienced

Thursday · 18:10–19:00 · Studio 2

Autumn course 2026 · 24 Aug 2026 – 6 Dec 2026

No classes on 15 October 2026.

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## Standard and Latin for couples: beginners and improvers

Wednesday · 18:30–19:20 · Studio 2

Autumn course 2026 · 24 Aug 2026 – 6 Dec 2026

No classes on 14 October 2026.

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## Solo Latin for adults

Monday · 20:00–21:00 · Studio 2

Autumn course 2026 · 24 Aug 2026 – 6 Dec 2026

No classes on 12 October 2026.